

Why Walk the Labyrinth?

A labyrinth is a powerful symbol of wholeness and transformation as reflected by its circular shape and the spiral movement as one meanders to the center.

Your most natural, authentic self is the invited guest to this sacred ground. It can be used by an individual or group for unlimited purposes including but not limited to:

- opportunities to come without an agenda and discover what the Spirit has in store just for you
- processes where forgiveness, letting go, and releasing occurs
- contemplative practices in calming, centering and focusing one's self
- methods of emptying one's self before journeying to the center where basking in the divine love is possible before exiting into the world with a renewed sense of wholeness
- tools in discerning God's call or connecting with all that stirs within
- exercises in healing from loss or the daily struggles of life
- disciplines for personal, psychological, or spiritual transformation
- means to reduce stress and regain balance
- lifting up a particular intention
- reflecting on one's journey through life



PRECIOUS BLOOD
Renewal Center

a ministry of the Missionaries of the Precious Blood



All Are Welcome

RECONCILIATION LABYRINTH

ABOUT US

Precious Blood Renewal Center is an inclusive ministry of the Missionaries of the Precious Blood Kansas City Province, a religious community of the Roman Catholic Church.

In the spirit of our founder, St. Gaspar del Bufalo, we offer houses of hospitality and facilities to those that seek rest and renewal. All are welcome.



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The sacred ritual of walking the Reconciliation Labyrinth reminds us that forgiveness is not so much a moment as it is a movement of mercy that takes us deeper into the mystery of God's compassion and love.

Fr. Joseph Nassal, C.P.P.S.



The Reconciliation Labyrinth at the Precious Blood Renewal Center

In keeping with the charism of Missionaries of the Precious Blood, the Reconciliation Labyrinth was completed in August 2016 to commemorate the Year of Mercy declared by Pope Francis.

We envision this sacred space on the grounds of the Center as a place where those who are carrying heavy burdens of guilt or grief, doubt or fear, resentment or remorse, can come to walk this sacred path as a way of finding forgiveness and peace in their lives.

Fr. Joseph Nassal, C.P.P.S.

Where there is unrest and division, it is our hope that the Reconciliation Labyrinth will be a source of peace for those who walk it. In the center of the labyrinth is a reflection pool allowing visitors to gaze at their reflection to re-discover that we are made in the image of the Creator and loved unconditionally.

The labyrinth is patterned after the one designed by Clare Wilson of South Africa intended to facilitate healing of the deep wounds inflicted by the apartheid in her country.

How to Walk the Labyrinth for Reconciliation

The Reconciliation Labyrinth enables individuals or groups to walk simultaneously allowing healing energy to be experienced by all. If you have two or more people, one person or group begins on the right, and the other begins on the left recognizing that the two do not start the journey toward reconciliation at the same place.

As they follow the path to the center, the two will meet and pass one another. They will each then walk the path that the other has walked giving them the opportunity to reflect on where the other has been and what has brought them to this point in their life. Both will meet at the reflection pool in the center of the labyrinth opening themselves up to divine rays of healing and seeing one another in a fresh new way. With a reconciled spirit, the two will exit the labyrinth together.

A Bit of History

Labyrinths found in diverse cultures throughout history date back to 4500 B.C. or earlier as ancient symbols of journey and spiritual renewal. A recent revival of the labyrinth is drawing people of all faiths and backgrounds from around the world. They have benefited a variety of people such as individuals, families, church groups, schools, teams, business groups, associations and more.

A spiritual director can be provided upon request.

Reserve time for your group

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