

learning to **Communicate** with **Compassion**



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A workshop on facilitating circles

Tools for compassionate communication

Presented by Kathy Keary, spiritual director

In a Circle, participants give voice to their inner wisdom allowing them to reevaluate assumptions and abandon them when a deeper truth surfaces. Real communication can take place when we not only speak from the heart but listen from the heart.

Participants then take these attributes out into the world healing wounds that divide our communities. Circles foster our connectedness in a diverse world. It is an effective communication tool that can be used for many purposes including

team building, staff renewal, developing mission statements, strategic planning, community building, healing, effectively managing interpersonal conflicts and disagreements, and bonding among diverse participants.

This workshop will cover the ten elements that facilitate open and compassionate communication giving you the tools needed to facilitate Circles in your workplace and community.

Saturday, Feb. 1
10 a.m. to 2 p.m.

Register by Jan. 27.

Suggested Donation: \$20.00
(includes lunch)

Get more information or register:

- Online: <https://www.pbrenewalcenter.org>
- By email: info@pbrenewalcenter.org
- By phone: 816-415-3745



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